

Facial Treatments

Express Facial

A quick and basic facial treatment, which can be completed in 30 mins.

30 mins: \$30

Vitalizing Facial

Full session of facial treatment to help revitalizing your skin after long day out in the sun.

60 mins: \$45

Anti-aging Facial

Anjali's special anti-aging formula helps restoring the skin to its natural beauty, whilst minimizing the appearance of premature aging.

60 mins: \$55

Packages

Anjali Relax

- Foot Scrub
- Choice of 1 Body Massage treatment* (60 mins)
- Choice of 1 treatment from Facial / Head massage / Foot massage (60 mins)

135 mins: \$65

Anjali Calm

- Foot Scrub
- Choice of 1 Body Massage treatment* (90 mins)
- Bath with refreshments (30 mins)

135 mins: \$65

Anjali Balance

- Foot Scrub
- Choice of 1 Body Massage treatment* (60 mins)
- Choice of 1 treatment from Facial / Head massage / Foot massage (60 mins)
- Bath with refreshments 30 minutes

165 mins: \$75

Anjali Romance

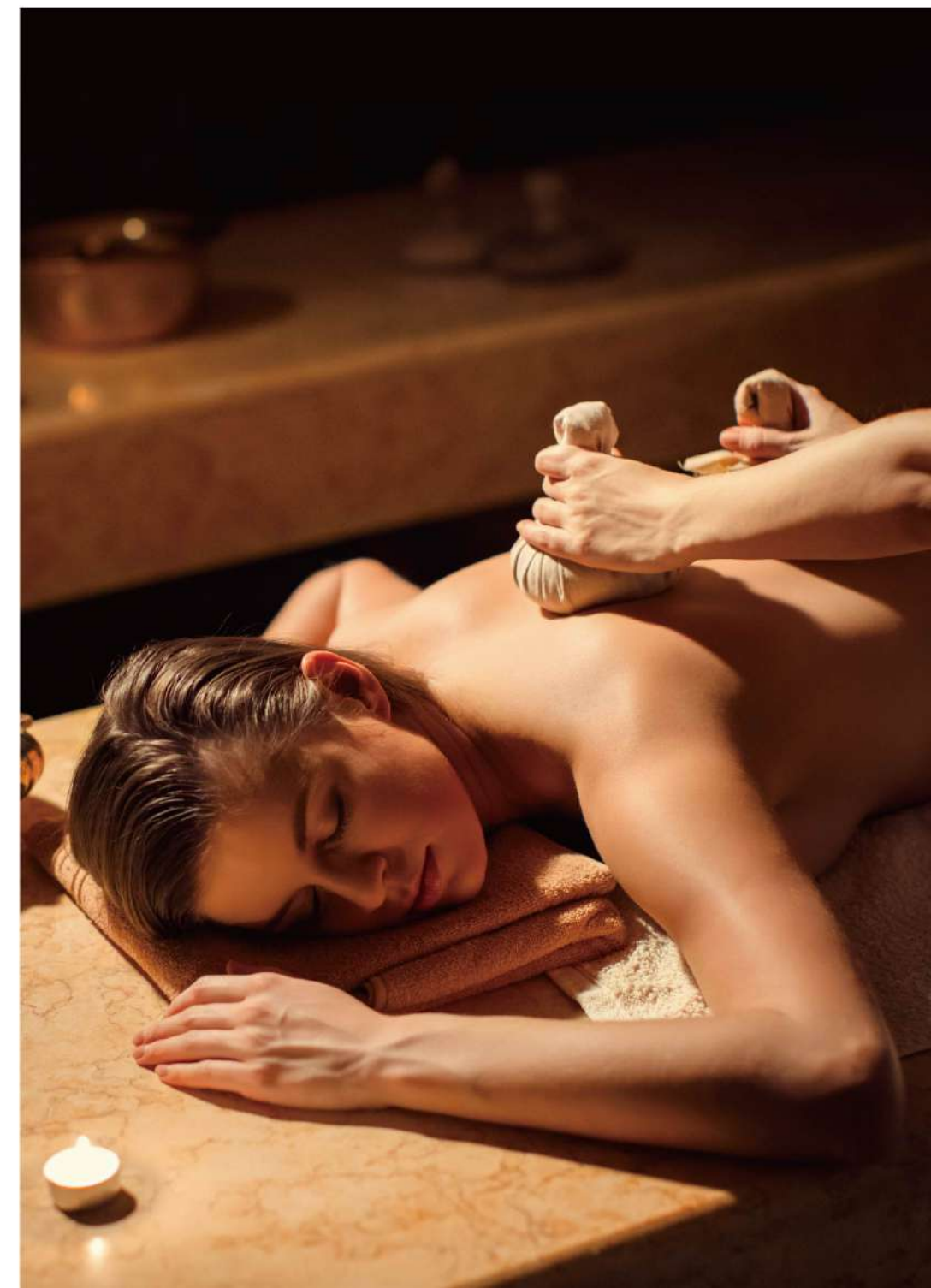
- Foot Scrub
- Choice of 1 Body Massage treatment* (60 mins)
- Choice of 1 treatment from Facial / Head massage / Foot massage (60 mins)
- Bath with refreshments (30 mins)

165 mins: \$140 for couple

* Any massages except four hands massage



ANJALI SPA



Massages

1. Anjali Massage

Strength

Royal **khmer** massage is dryno oil traditional Khmer massage with emphasis on harmonizing the entire body by combining techniques of assisted Yoga and acupressure. The assisted Yoga means the therapist will gently stretch your legs, arms, and back. Khmer acupressure involves pressing points of the sen-line meridian lines using the thumbs or palms. This full body massage reduces muscle tension, improves blood circulation, while relaxing and creating well being in the muscle tissue

60 mins: \$40/ 90 mins: 50/ 120 mins: \$60

2. Lanna Massage

Strength

Lanna massage combines benefits of both traditional Khmer massage and aromatherapy. Your session starts with strong traditional Khmer massage to relieve your body from tensions followed by very relaxing aromatherapy with natural aroma oil of your choice.

60 mins: \$45 / 90 mins: \$55

3. Balinese Massage

Strength

Balinese massage is developed in the Indonesian province of Bali, with influence from the traditional medicine systems of India, China, and Southeast Asia. Balinese massage includes acupressure, skin rolling and flicking, firm and gentle stroking, percussion and application of essential oils. It is intended not only to relax patient, and loosen fascial restrictions, but to stimulate the lymphatic system and the flow of blood and qi.

60 mins: 45 / 90 mins: \$55

4. Ayurvedic Massage

Strength

Ayurvedic meaning life-knowledge is ancient Indian originated system of medicine used since BCE 5000. This ancient massage involves applying light and gentle pressure to the whole body using warm oils at around 49 Celsius 120 Fahrenheit. Integrated massage techniques are used with your choice of essential oil blends, to leave you feeling balanced and rejuvenated.

60 mins: \$45 / 90 mins: \$55

5. Fitness Massage

Strength

This therapy is intended to relax any aching muscles after heavy sports activities. Fitness massage uses combination of deep tissue massages and stretching techniques to reduce tensions and aching muscles. During the massage session your therapist will apply natural winter green oil and home made balms to help stimulating circulation and assist in removing toxins from your body.

60 mins: \$45 / 90 mins: \$55

6. Swedish Massage

Strength

Similar to fitness massage, this massage is great for after heavy activities. Swedish massage works with deep tissues of body with Swedish massage techniques. During your massage session, your therapist will use natural aroma oil of your choice instead of winter green oil.

60 mins: \$45 / 90 mins: \$55

7. Hot Stone Massage

Strength

A delicious massage using hot stones and natural oil to help relieve tensions, improve on blood circulation as well as energy flow through your body. Treatment will start with gentle massage with natural oil of your choice to relax your body then it will be followed by massaging with warm stones, which are pre-heated to 52-54°C,122-127°F for the best result.

90 mins: \$60 / 120 mins: \$70

8. Anjali Massage with Herbal balls

Strength

Khmer Massage technique combined with heated herbal balls to alleviate pains and soothe sore muscles. Our herbal balls are made from various dried herbs traditionally used in Thai medicine wrapped in cotton. The Khmer Herbal ball is used to alleviate pain or inflammation by opening the pores and bringing a medicinal heat to muscles to induce relaxation.

60 mins: \$45 / 90 mins: \$55 / 120 mins: \$65

9. Four Hand Massage

Strength

Our four hands massage is based on Balinese massage performed by two therapist working on you at the same time, mirroring each other’s movements. With our natural oil of your choice our four hands massage is intended to maximize your relaxation and stimulate other benefits such as improving blood circulation, relieving muscle aches.

60 mins: \$60 / 90 mins: \$80

10.Pregnancy massage

Strength

Pregnancy massage is a wonderful complimentary choice for prenatal care. Our massage will not only help to reduce normal discomforts you experience during pregnancy such as backaches, stiff neck, leg cramps, headaches and swelling, but it will also make you feel totally relaxed and refreshed.

60 mins: \$45

11. Children Massage

Strength

Treat for your children while they wait for your treatment at very reasonable price. We use natural cold pressed coconut oil with gentle pressure to make your child happy and relaxed.

60 mins: \$30

12. Indian Head Massage

Based on the ancient Indian Ayurvedic system of healing this massage relieves the stress and tension in the head, neck and shoulder area. Especially good for relieving insomnia and headaches.

30 mins: \$30 / 60 mins: \$35

13. Foot Massage

The stimulation of relaxation points located on the soles of your feet and balances your entire body. This massage is perfect for relaxation after long day with tired feet. Foot massage will not only help relieve toe pain, ankle pain, plantar fasciitis and common forms of arthritis, but can also decrease stress and anxiety in the entire body.

30 mins: \$30 / 60 mins: \$35